



## **Steve Fund May Community Conversation 'Minding' My Body: Race, Mental Health and Student-Athletes of Color**

Co-sponsored by the Center for Race and Ethnicity in Sport, University of Michigan

**Moderated by** [Ketra L. Armstrong, PhD](#), Director, Center for Race and Ethnicity in Sport

### **Panelists:**

- **Caroline Brackette, PhD**, Counselor, Assistant Dean, Associate Professor, Mercer University
- **Abigail Eiler, LMSW**, Chief Diversity Officer, University of Michigan Athletics, Chair, Big Ten Mental Health Cabinet
- **Wilsa Charles Malveaux, MD, MA**, Sports Psychiatrist, Registrant US Olympic, and Paralympic Committee Mental Health Registry
- **Kweku Ramel Smith, PhD, LP**, Senior Clinical and Sport Psychologist, University of Wisconsin

Student-athletes represent a distinguished population of resilient and high performing individuals. However, for student-athletes of color, *winning* often requires them to also defeat the mighty foe of racism. In honor of May as Mental Health Awareness Month, this Community Conversation will include a panel of mental health experts who work with student-athletes as they center racism as a mental health crisis, address the impact of racial trauma on the mental and physical well-being of student-athletes of color, and offer recommendations for healing and supporting this unique population of students. Please join us for this conversation to learn how you may be a 'player' in this game!

Open to student-athletes of color and all who support them.

REGISTRATION LINK: [bit.ly/StudentAthleteMentalHealth](https://bit.ly/StudentAthleteMentalHealth)

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